

CREATING A STRONG PASSWORD (THAT YOU CAN ALSO REMEMBER)

A strong, secure password helps safeguard your information against potential thieves. When choosing a password, it is very important to choose something that you will remember and that cannot be guessed by another person or computer program.

Below are some suggestions for creating strong passwords that can be easily remembered:

- **Use letters from a phrase.** Try using the first letter from each word of a phrase you know or the first line of your favorite song, poem, etc.

“Oh, I just don't know where to begin.” = Oljdkwtb. or Oljdkw2b.

- **Convert words to numbers.** Use your phone keypad to convert a word to its keypad equivalent and use that as part of your password.

“Oh, I just don't know where to begin.” = O4jdkwtb.

- **Use symbols and numbers to separate words.**

My!password+is@strong%

&Online~Payment\$

- **Choose two terms from a memorable purchase.**

Your first house = Ye!!0wDo0r\$

Your first car = F@\$t3ng!ne

- **Try a keyboard pattern.** Creating a password from adjacent keys like “12345” is never a good idea. Using keys in a different pattern would be harder to guess and fast to type.

[-p009i8u

1q2w#E\$R

If you need additional tools to help you manage your passwords, there are many computer programs that do it for you. Programs like Password Dragon, LastPass, IronKey, KeyPass, Password Genie, and RoboForm can store all of your passwords in one secure, convenient location. Each time you create or update a password, simply add it to your password management program. Some programs offer additional layers of security.